

# Soothing Ear Candling

SPA MENU





## Soothing Ear Candles

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Ear candling is a centuries-old practice intended to relax and soothe you, and it's a wonderful way to unwind.

This ancient practice, performed today for relaxation purposes, involves placing a paraffin cylinder gently into your outer ear. The cylinder is then lit at the opposite end and allowed to burn slowly, creating a sense of calming warmth.

To further enhance the treatment, choose from a variety of scents, including Herbal, Lavender, and Peppermint.